



Hospice Niagara Lending Library

Collection of Adult and Children/Youth Books

September, 2014



Categories

Caregiving

Clinical

Death and Dying

- Children and Youth
- Humour

Fiction

Grief and Bereavement

- Children and Youth
- Financial
- Humour

Memoir/Biography

Pastoral/Counselling

Spiritual/Religious

Note: SC/W signifies that there is a duplicate copy of the book in Welland.



Hospice Niagara Lending Library Collection of Adult and Children/Youth Books

Tag	Title	Author	Description	Category
B270	3:16 - The Numbers of Hope	Lucado, Max	2008/ Conveys the central message of the New Testament that is contained in John 3:16 in a poetic way.	Spiritual/ Religious
B245	700 Sundays	Crystal, Billy	2005/ Memoir referring to the time shared by an adoring father and his devoted son.	Memoir/ Biography
B321	8 Habits of Love: Open Your Heart, Open Your Mind	Bacon, Ed	2012/ A spiritual guidebook to living life through love and connection, not fear and isolation.	Spiritual/ Religious
B031	A Broken Heart Still Beats: After Your Child Dies	McCracken, Anne and Semel, Mary	1998/ A compilation of poetry, fiction, and essays about the pain, stages of grief, and the coping and healing process that follows the death of one's child.	Grief and Bereavement
B033	A Caregiver's Guide:	Macmillan, Karen; Hopkinson, Jane; Peden, Jacquie and Hycha, Dennie	2004 (2 copies – SC/W)/ Subtitled: A handbook about end of life care. Produced by Canada Hospice Palliative Care Association	Caregiving
B050	A Child's View of Grief, A: Guide for Parents, Teachers and Counsellors	Wolfelt, Alan D.	2004 (4 copies -3SC/1W)/ Parents, teachers, and other adults can learn through this concise guide to how children and adolescents grieve after someone they love dies.	Grief and Bereavement/ Children and Youth
BC144	A Complete Book about Death for Kids	Grollman, Earl and Johnson, Joy	2006/ Information about death, dying and the feelings you have when someone you love dies, about burial and cremation and about the funeral and cemetery.	Children
BC25	A Forever Angel	Stillwell, Elaine	2001/ Hands-on crafts book for children with instructions to make angels for all occasions, to help them remember their special person who died: a resource for teachers, counsellors, and children's support groups.	Children
B099	A Gentle Death	Seguin, Marilynne	1994 (2 copies)/ The author draws on her experience with seriously ill and dying people in exploring the moral and legal implications of euthanasia.	Death and Dying

B106	A Grace Disguised: How the Soul Grows through Loss	Sittser, Jerry	1995 (2 copies)/ Plumbs the depths of sorrows, whether due to illness, divorce, or the loss of a loved one. In coming to the end of ourselves, we can come to the beginning of a new life.	Grief and Bereavement
B111	A Grief Observed	Lewis, C.S.	1961/ The author's reflection on the fundamental issues of life, death, and faith in the midst of loss.	Grief and Bereavement
B116	A Guide for Caregivers	Canadian Hospice Palliative Care Association	2004 (5 English copies, 1 French copy – 3SC/2W)/ Designed to assist family caregivers by complementing the guidance and assistance they receive from palliative care and home care professionals	Caregiving
B363	A Hidden Wholeness: The Journey Toward an Undivided Life	Palmer, Parker J.	2004/Subtitled: Welcoming the Soul and Weaving Community in a Wounded World. Weaves together four themes: the shape of an integral life, the meaning of community, teaching and learning for transformation, and nonviolent social change.	Spiritual/ Religious
B330	A Matter of Life and Death	Altea, Rosemary	2007/Subtitled: Remarkable True Stories of Hope and Healing. Spiritual medium and healer recounts stories of encounters with the spirit world.	Spiritual/ Religious
B219	A Path Through Loss	Reeves, Nancy C.	1989 (2 copies)/ Subtitled: A Guide to Writing Your Healing and Growth	Pastoral/ Counselling
BC72	A Perfect Gentle Knight	Pearson, Kit	2008/ Tells the story of the five Bell children, each of them coping with the loss, loneliness, and growing up in the aftermath of their mother's death.	Youth
B222	A Pilgrimage Through Grief	Miller, James E.	1995/ Subtitled: Healing the Soul's Hurt After Loss	Grief and Bereavement
B228	A Quiet Courage	Todd, Paula	2004/ Based on twelve men and women overcoming the worst life has to offer, deriving strength from tragedy, and learning from the experience.	Memoir/ Biography
B271	A Time for Dancing	Hurwin, Davida Wills	1995/ A novel about two friends facing the cancer of one: allows readers to imagine how life and death at 16 and 17 looks different than at any other period of development.	Fiction
B274	A Time to Live: Living with a Life-Threatening Illness	Karnes, Barbara	1994/ A booklet appropriate for those faced with the unpredictability of their future due to a life threatening illness.	Death and Dying
BC01	Aarvy Aardvark Finds Hope	O'Toole, Donna Rae	1988/ (5 copies) for ages 4-8/ With the help of his friend Ralphy Rabbit, Aarvy Aardvark comes to terms with the loss of his mother and brother. A read aloud story about loving and losing, friendship and hope.	Children

BC02	Aarvy Aardvark Finds Hope (Teaching Guide)	O'Toole, Donna	1988/ Teaching guide to accompany Aarvy Aardvark Finds Hope	Children
B001	About Alice	Trillin, Carl	2006/ Five years after her death, husband Carl Trillin offers a loving portrait of his wife Alice.	Memoir/ Biography
B353	Acute Leukemia: Information for Patients and their Families	McAdams, Constance and Greene, Kathleen	1993/ Designed to answers about leukemia and its treatment: a place to start recovery and remission.	Clinical
B003	After Great Pain: A New Life Emerges	Cole, Diane	2001/ A series of severe personal losses and crises prompted freelance writer Cole's examination of grief as a transforming experience.	Grief and Bereavement
B004	After Life	Edward, John	2003/ What happens after we die? Written by psychic medium John Edward	Spiritual/ Religious
B002	After the Darkest Hour	Brehony, Kathleen A.	2000/ Subtitled: How Suffering Begins the Journey to Wisdom	Grief and Bereavement
BC154	After the Funeral	Winsch, Jane Loretta	1995/ Help to children and their families as they move forward towards acceptance, understanding, and hope.	Children
B005	After You Say Goodbye: When Someone You Love Dies from AIDS	Froman, Paul Ken	1992/ Los Angeles psychotherapist Froman emphasizes that while the loss of a loved one will always hurt, those mourning the death of a person from AIDS may have special problems. This is a book that will comfort people who have - or will need to - come to terms with the AIDS death of someone they cared for.	Grief and Bereavement
B006	Against My Will: Prayers for Our Journey	Mady, Najla	2000/ Written by Quebec born psychic	Spiritual/ Religious
B009	All the Days of My Life	Bender, Urie A.	1993/ The story of Peter and Anna Dick. Peter Dick came to Canada from Siberia in the early part of the last century and lived up until 1972 in Kitchener, Ontario.	Memoir/ Biography
B365	All Things Work for Good	Sinclair, Gavin	1997/ Subtitled: A Book of Encouragement for People with Cancer, Their Family and Friends	Memoir/ Biography
B010	ALS: An Overview for People with ALS	ALS Society of Canada	2012 - 7th Edition / Resource tool for patients, family members, and their health-care providers about managing ALS.	Caregiving
B011	ALS: Mobility Strategies	ALS Society of Canada	Published by ALS Society of Canada	Caregiving
BC03	Am I Still a Sister?	Sims, Alicia M.	1988/ Journal for children ages 6 and up trying to understand death. Written following the author's brother's death as she searched for answers that no	Children

			adult seemed to have: written to help others learn how to survive the death of a sibling and provides child-wise discoveries about death and grief.	
B012	Ambiguous Loss: Learning to Live with Unresolved Grief	Boss, Pauline	1999/ Dealing with the uncertainty of ambiguous loss such as Alzheimer's, divorce, adoption, chronic mental illness, and brain injury.	Grief and Bereavement
B013	Anatomy of an Illness	Cousins, Norman	1979/ Groundbreaking classic on combating life-threatening illness through humour and patient participation in care	Death and Dying - Humour
BC04	Anne and the Sand Dobbies	Coburn, John B.	1986/ A young boy relates how he and his family came to terms with the death of their young sister.	Children
BC05	Annie and the Old One	Miles, Miska	1971/ Annie is a young Navajo girl who refuses to believe that her grandmother, the Old One, will die. Sadly, Annie learns that she cannot change the course of life. (1971 Newbery Honor Book)	Children
B018	As You Grieve: Consoling Words from Around the World	Zerah, Aaron	2001/ Reflections to express our unending desire to give the gift of understanding and consolation to those who grieve.	Grief and Bereavement
B020	Baby Boomers Face Grief	Galbraith, Jane	2006 (2 copies – SC/W)/ Ninety million baby boomers will, in the next 20 years, face the loss of one or both parents. In this writer's opinion this generation has the ability to make positive changes in the way this and succeeding generations handle grief.	Grief and Bereavement
BC07	Barklay and Eve: Honouring Our Loved Ones; Going to a Funeral	Carney, Karen L.	Book 2 in the Barklay and Eve Children's Book Series: guides children through the death, calling hours and funeral of a loved one.	Children
BC09	Because... Someone I Love Has Cancer	American Cancer Society	2003/ Offers support, encouragement, and creative activities to children who have a loved one with cancer: designed to address the goals of therapeutic support for children (ages 6–12).	Children
B021	Before I Say Goodbye	Picardie, Ruth	2000/ Letters, e-mail correspondence and pieces from her column in 'The Observer' of Ruth Picardie's breast cancer leading to her death in 1997.	Memoir/ Biography
B022	Beginnings: A Book for Widows (4th Edition)	Wylie, Betty Jane	1997 (2 copies)/ An inside view of what it is like to be widowed at middle age - practical advice for the newly widowed.	Grief and Bereavement
B337	Being with Dying	Halifax, Joan	2008/ Subtitled: Cultivating Compassion and Fearlessness in the Presence of Death	Death and Dying
B367	Ben Wicks' So	Wicks, Ben and	1997/ Humorous view to cancer;	Death and

	You've Got Cancer	the Canadian Cancer Society	softens some of the feelings related to the disease.	Dying - Humour
B023	Bereaved Children and Teens: A Support for Parents and Professionals	Grollman, Earl A.	1996/ A comprehensive guide to helping children and adolescents cope with the emotional, religious, social, and physical consequences of a loved one's death. The result is an indispensable reference for parents, teachers, counselors, health-care professionals, and clergy	Grief and Bereavement/ Children and Youth
B025	Between Hello and Goodbye	Craig, Jean	1990/Subtitled: A Life Affirming Story of Courage in the Face of Tragedy. Drawing on a journal Craig kept at the time, the book chronicles one family's fight against her husband's cancer.	Memoir/ Biography
B026	Beyond the Innocence of Childhood: Helping Children and Adolescents Cope with Death and Bereavement	Adams, David Walter and Deveau, Eleanor	1995/ Designed for the professional working with bereaved children and teenagers.	Grief and Bereavement/ Children and Youth
BC10	Beyond the Ridge	Goble, Paul	1993/A blending of folklore, artwork, and prayers and traditions of the Plains Indians, the book chronicles the spiritual journey of an old woman from death to a reunion with friends and loved ones who had died before.	Children
B386	Beyond the Setting Sun	Skinner, Colin	2007 (2 copies – SC/W)/ The story of the author's 6,000 miles across Britain and North America to help hospices	Memoir/ Biography
B027	Blessings of Brokenness: Why God Allows Us to Go Through Hard Times	Stanley, Charles	1997/ If you've already experienced circumstances so shattering you may wonder whether it's possible to pick up the pieces, God can...and wants to.	Spiritual/ Religious
B320	Blindsided: A Game Plan for Grief	Crichton, Glenn and Roslyn and Scott, Mark S.M.	2013/ Guides the reader through the emotional, physical, and spiritual complexities of the grieving process. The authors discuss common misconceptions about grief and suggest helpful coping strategies.	Grief and Bereavement
B028	Blue Nights	Didion, Joan	2011/ Personal and moving account of losing a daughter	Memoir/ Biography
BC11	Bridge to Terabithia	Paterson, Katherine	1977/ Two lonely children create a magical forest kingdom (Newbury Medal winner 1978)	Youth
B030	Brief Companions	Ufema, Joy	1984/ A composite of true stories about dying persons and the lessons they leave about living.	Memoir/ Biography
B356	But Hope is Longer	Levine, Tamara	2012/ Subtitled: Navigating the Country of Breast Cancer	Clinical
BC12	Butterfly Bush: A Story About Love	Evarts, Dawn Michelle	1997/ After her grandmother dies, Lindsay finds strength and beauty in the butterfly tree they planted together.	Children

B035	Caregiving	McLeod, Beth W.	1999/Subtitled: The Spiritual Journey of Love, Loss, and Renewal. Helping your family and loved ones when they need you most.	Caregiving
B036	Caregiving and Loss: Family Needs, Professional Responses	Doka, Kenneth and Davidson, Joyce	2003/Discusses the needs of family caregivers and how professional health care workers can work better with them. Explores the multiple losses felt by patients and families.	Caregiving
B038	Caring for Aging Loved Ones	Holstege, Henry and Riekse, Robert	2004 (12 copies)/ A lifeline for those navigating the practical emotional and spiritual aspects of caregiving.	Caregiving
B039	Caring for Loved Ones at Home	van Bommel, Harry	1996 (4 copies – 2SC/2W)/ An illustrated, easy-to-follow guide to short or long-term care.	Caregiving
B040	Caring for Your Grieving Child	Wakenshaw, Martha	2002/Subtitled: Engaging Activities for Dealing with Loss and Transition. By understanding both the signs of grief and the signs of healing in a child, parents can actively help their children cope with the grief process.	Grief and Bereavement/ Children and Youth
B041	Caring for Your Own: Nursing the Ill at Home	Neidrick, Darla J.	1988/ A guide to caring for the ill (especially the aged) at home, written for those with little or no medical background.	Caregiving
BC13	Charlotte's Web	White, E.B.	1952/ A classic of children's literature: this Newbery Honor Book is a tender novel of friendship, love, life, and death.	Children
B043	Chicken Soup for the Grieving Soul	Canfield, Jack and Hansen, Mark Victor	2003/Subtitled: Stories About Life, Death and Overcoming the Loss of a Loved One. This collection of stories by authors who have lost loved ones offer comfort, peace and understanding to those going through the grieving process.	Grief and Bereavement
BC14	Chicken Soup for the Kid's Soul: 101 Stories of Courage, Hope and Laughter	Canfield, Jack and Hansen, Mark Victor	1998/ Young readers will find empowerment and encouragement to love and accept themselves, believe in their dreams, find answers to their questions and discover hope for a promising future.	Youth
B044	Chicken Soup for the Mother's Soul	Canfield, Jack and Hansen, Mark Victor	1997/Subtitled: 101 Stories to Open the Hearts and Rekindle the Spirits of Mothers. A book of stories for and about mothers.	Pastoral/ Counselling
BC15	Chicken Soup for the Teenage Soul III	Canfield, Jack and Hansen, Mark Victor	2000/ Focus on love, friendship, family, growing up, kindness, learning lessons and making a difference: offers support, encouragement and understanding to teens from their peers and caring and compassionate adults.	Youth
B045	Chicken Soup of the	Canfield, Jack and	2002/Subtitled: Stories to Celebrate the	Pastoral/

	Volunteer's Soul	Hansen, Mark Victor	Spirit of Courage, Caring and Community. The stories highlight the efforts of everyday people who volunteer.	Counselling
BC147	Children Facing Grief	Romond, Janis Loomis	1989/ Letters from bereaved brothers and sisters.	Youth
B049	Children Mourning, Mourning Children	Doka, Kenneth	1995/ Based on the Hospice Foundation of America's second annual teleconference, this book explores three basic themes in children's grief.	Grief and Bereavement/ Children and Youth
B048	Children's Grief	Papenbrock, R.P.	1988/ Subtitled: How to Help the Child Whose Parent Has Died. This booklet describes the child's needs and ways that the parent can best meet those needs.	Grief and Bereavement/ Children and Youth
B051	Choices: For People Who Have a Terminal Illness, Their Families and Caregivers	van Bommel, Harry	1987/ Choices the terminally ill person and his or her family have: legal rights, wills, pain and symptom control, palliative or hospice care, funeral preparations, etc.	Death and Dying
B156	Choices: Realistic Alternatives in Cancer Treatment	Morra, Marion and Potts, Eve	1987/ Handbook of questions and answers about cancer treatment	Clinical
B052	Circling My Mother	Gordon, Mary	2007/ The book chronicles Anne Gordon's battles with polio, alcoholism, and eventually with senile dementia, and details the author's acceptance of both the burdens and blessings of caring for her mother in old age.	Memoir/ Biography
B346	Climb Back from Cancer	Hobson, Cecilia and Alan	2004/ Mt Everest climber's survival from leukemia: how to climb back from cancer and transform adversity into opportunity.	Memoir/ Biography
B053	Closer to the Light: Learning from Near-Death Experiences of Children	Morse, Melvin with Perry, Paul	1990/ Based on interviews with children who had once been declared clinically dead, the children share first-hand accounts of out-of-body experiences.	Spiritual/ Religious – Children and Youth
B340	Companioning the Bereaved	Wolfelt, Alan D.	2005/Subtitled: A Soulful Guide for Counselors & Caregivers. Redefines the role of the grief counselor using the model for "companioning" the bereaved.	Grief and Bereavement
B054	Companioning the Dying: A Soulful Guide for Caregivers	Yoder, Greg	2005/ This guide for counsellors and lay caregivers explores the art of caring for the dying and their families.	Caregiving
B055	Companioning the Grieving Child Curriculum Book, The: Activities to Help Children and Teens Heal	Morrissey, Patricia	2013/ Based on Alan Wolfelt's six needs of mourning and written to pair with Companioning the Grieving Child, this guide provides hands-on activities tailored for grieving children in three age groups: preschool,	Grief and Bereavement/ Children and Youth

			elementary, and teens.	
B056	Confessions of a Surgeon	Mair, George B.	1974/ An autobiography revealing the truth of euthanasia as the author had experienced it in the hospitals of Great Britain.	Memoir/ Biography
B338	Courage: The Testimony of a Cancer Patient	Creaturo, Barbara	1991/ The author's search for the best available treatment for her ovarian cancer, and for better medical knowledge and a cure.	Clinical
B060	Creating Meaningful Funeral Ceremonies: A Guide for Caregivers	Wolfelt, Alan D.	1994/ Written in response to the trend to deritualize death and funeral ceremonies, this book explores the ways in which caregivers and clergy can create heartfelt ceremonies that help the bereaved begin to heal.	Grief and Bereavement
BC161	Creative Journal for Teens, The: Making Friends With Yourself	Capacchione, Lucia	1992/ Helps teenagers express their true feelings and thoughts in the safe, nonjudgmental atmosphere of personal journal-keeping.	Youth
B062	Cry Until You Laugh: Comforting Guidance for Coping with Grief	Obershaw, Richard J.	2004/ Mixes humour with solid practical advice for coping with grief in a down-to-earth approach.	Grief and Bereavement
B262	Day by Day, Incorporating Side by Side	Wright-Roberts, Monica and Clark, Dr. Roy M.	2001/ Subtitled: Facing the Challenge of Cancer: A Practical Resource and Support Guide	Clinical
BC17	Dear Bruno	Trillin, Alice	1996/ In 1979, Alice Trillin, who three years earlier had been diagnosed with a malignant lung tumour, received a call from a friend telling her that her 12-year-old son, Bruno, also had cancer. Alice's response was a letter to Bruno in which she tried to show that it was possible to talk about cancer in a tone that was frank, honest, and funny.	Children
BC158	Dear Zoe	Beard, Philip	2005/ Letter from a fifteen-year old girl to her sister who was killed by a hit-and-run driver on September 11, 2001.	Youth
B066	Death and Dying: Individuals and Institutions	Backer, Barbara	1982/ Provides a framework integrating theories and concepts developed by various publications on the scientific study of death.	Death and Dying
B169	Death and the Adolescent: A Resource Handbook for Bereavement and Support Groups in Schools	Baxter, Grant and Stuart, Wendy	1999/ This manual provides information and suggestions for parents, teachers, and other caregivers in helping teenagers who have lost a parent, sibling, or close friend through death. The authors explain how to conduct a bereavement support group for adolescents and they examine problems typically encountered by teens, and provide clinical case studies.	Grief and Bereavement/ Children and Youth

B069	Death Week	Prunkl, Peter R. and Berry, Rebecca L.	1989/Subtitled: Exploring the Dying Process (Series in Death Education, Aging, & Health Care)	Death and Dying
B070	Death's Door: Modern Dying and the Ways We Grieve	Gilbert, Sandra	2006/ Explores our relationship to death through literature, history, poetry, and societal practices.	Death and Dying
B370	Difficult Conversations: How to Discuss What Matters Most	Stone, Douglas; Patton, Bruce and Heen, Sheila	2010/ Step-by-step approach to having tough conversations with less stress and more success.	Pastoral/ Counselling
B073	Don't Let Death Ruin Your Life	Brooke, Jill	2001 (3 copies -2SC/1W)/ Subtitled: A Practical Guide to Reclaiming Happiness After the Death of a Loved One. How grief can be transformed into a prescription for happiness and personal fulfillment.	Grief and Bereavement
BC153	Dougie the Hospice Dog	McQuaig, Diane	2013/ Offers comfort and support to children and their families who have lost a loved one.	Children
B075	Dying Declarations: Notes from a Hospice Volunteer	Resnik, David B.	2005/ The author shares his experiences and the lessons he learned from the dying while working as a hospice volunteer: some of the most personally uplifting and enriching experiences of his life.	Pastoral/ Counselling
B076	Dying for Care: Hospice Care or Euthansia	van Bommel, Harry	2009 (2 copies – SC/W)/ A look at the moral and practical decisions that people with a life-threatening or terminal illness must make. It presents information, statistics and the thoughts of dozens of experts in the field of hospice care.	Death and Dying
B127	Dying to Be Me	Moorjani, Anita	2012/Subtitled: My Journey from Cancer to Near Death to True Healing	Memoir/ Biography
BC44	Dying to Know	Perl, Lila	2001/Subtitled: About Death, Funeral Customs and Final Resting Places. The author explores timeless mysteries about death, examines funeral customs shaped by prehistoric and ancient peoples, and takes a look at various world religions' traditions and customs.	Children
B078	Easing the Hurt: A Handbook of Comfort for Families and Friends of People Who Are Seriously Ill	Latimer, Elizabeth J.	1998 (7 copies – 5SC/2W)/ Help for those who are dealing with serious illness in a loved one or themselves. It is a combination of thought, ideas, suggestions and reflections.	Caregiving
B079	Easing the Passage	Outerbridge, David E. and Hersh, Alan R.	1991/ A guide for prearranging and ensuring a pain free and tranquil death via a living will/personal medical mandate.	Death and Dying
BC109	Elizabeth, Where Are	Racette, Kim	2011/ Written after her daughter,	Children

	You? A Journey Through Grief		Elizabeth's death, the author shares her journey through grief in an attempt to answer the question posed in the title.	
B081	Enter Mourning: A Memoir on Death, Dementia and Coming Home	Menzies, Heather	2009/ Balances poetic and practical sensibilities in its tale of a mother losing her grip on reality and a daughter coming to grips with her own.	Memoir/ Biography
BC132	Everett Anderson's Goodbye	Clifton, Lucille	1983/ A portrait of a little boy who is trying to come to grips with his father's death.	Children
B084	Exploring Forgiveness	Enright, R.D. and North, J.	1998/ Comprehensive bibliography on interpersonal forgiveness.	Pastoral/ Counselling
B296	Facing Death, Embracing Life: Understanding What Dying People Want	Kuhl, David	2002/ A practical and compassionate guide to living with a terminal illness.	Death and Dying
B085	Faithquake: Rebuilding Your Faith after Tragedy Strikes	Herman, Doug	1997/ First-aid tools for surviving a tragedy and rebuilding a shaken faith. Includes the author's own story of loss and recovery.	Spiritual/ Religious
B087	Family Hospice Care: Pre-planning and Care Guide	van Bommel, Harry	1986 (4 copies – 2SC/2W)/ Comprehensive caregiver resource: covers the physical, emotional, spiritual and information needs of patients, families, other care providers, volunteers and students.	Caregiving
B088	FatherLoss: How Sons of all ages come to terms with the Deaths of their Dads	Chethik, Neil	2001 (4 copies – 2SC/2W)/ Offers a fresh view of the grieving process and practical advice, contains information on: how a son can prepare for his loss; coping immediately following the death; a woman's role in helping men through it; and the different ways men grieve.	Grief and Bereavement
B089	Final Gifts	Callahan, Maggie and Kelly, Patricia	1992/Subtitled: Understanding the Special Awareness, Needs, and Communications of the Dying. Practical advice on responding to the requests of the dying and helping them prepare emotionally and spiritually for death.	Death and Dying
B092	Final Passages: Positive Choices for the Dying and Their Loved Ones	Ahronheim, Judith and Weber, Doron	1992 (2 copies - SC/W)/ Helps the millions of people suffering from terminal illness ease the passage from life to death with advice from physicians, lawyers, and medical ethicists that addresses the special needs and fears of dying patients	Death and Dying
BC24	Finding Grandpa Everywhere	Hodge, John	1998/ Subtitled: A Young Child Discovers Memories of a Grandparent. Addresses issues that children have after a grandparent dies; includes a	Children

			section for teachers and parents.	
B093	Finding the Words	Wolfelt, Alan D.	2013/How to talk to children and teens about death, suicide, funerals, homicide, cremation and other end-of-life matters.	Death and Dying/ Children and Youth
B098	Forever Ours: Real Stories of Immortality and Living from a Forensic Pathologist	Amatuzio, Janis	2004/ A love letter to the world from those who have shared their stories of love, compassion and understanding following the death of a loved one	Grief and Bereavement
B100	Give Sorrow Words: A Father's Passage through Grief	Crider, Tom	1996/ Written following his daughter's death in a fire at age 21, the book offers an exploration of spiritual issues related to death. A book for any bereaved person facing the loss of a loved one.	Grief and Bereavement
BC29	God Gave Us Heaven	Bergren, Lisa T. and Bryant, Laura J.	2008 (2 copies)/ A story about a polar bear cub which provides answers for a young child's most difficult questions about what happens after this life.	Children
B102	Gone from My Sight: The Dying Experience	Karnes, Barbara	1986/ Explains in a simple, gentle yet direct manner the process of dying from disease. Designed to reduce fear and uncertainty and to help people understand dying, their own and other's.	Death and Dying
B105	Good Grief	Westberg, Granger E.	2004/ Identifies ten stages of grief but, recognizing that grief is complex and deeply personal, defines no "right" way to grieve. The book offers insights on the emotional and physical responses persons may experience during the natural process of grieving.	Grief and Bereavement
B243	Good Grief	Winston, Lolly	2004/ Novel about a young woman rebuilding her life after her husband's untimely death.	Fiction
BC30	Goodbye Buddy	Saynor, John K.	1990/ When his best friend dies in an accident, it helps a teenage boy and his family and friends to grieve and say goodbye by being involved in the funeral process.	Youth
B104	Goodbye for Now	O'Brien, Welby	1984/Subtitled: Practical Help and Personal Hope for Those Who Grieve. This guide will assist, comfort, and encourage those who have lost a loved one. It tackles the immediate tasks such as planning the service and taking care of financial matters and offers comfort and encouragement for the healing ahead	Grief and Bereavement
B310	Graceful Passages: A Companion for Living and Dying	Stillwater, Michael and Malkin, Gary	2003 (book and CD)/ Through words and music, offers a renewal of faith to anyone struggling with grief. Words, from some of the world's visionary leaders, are set to original music, creating an atmosphere of relaxation,	Grief and Bereavement

			insight, and healing.	
BC32	Grandad's Prayers of the Earth	Wood, Douglas	1999 A picture book celebration of prayer in which Grandad's reply to his grandson is: "If we listen very closely, a prayer is often its own answer."	Children
BC142	Grandma's Scrapbook	Nobisso, Josephine	1990/ Chronicles the tender moments shared between Grandma and granddaughter during their seaside summers. Uplifts and dignifies the experience of aging and loss.	Children
BC33	Grandpa Loved	Nobisso, Josephine	2000 (3 copies)/ A recollection of the times a young boy spent with his grandfather: he feels assured that his passing has brought him to a better place and he knows that his grandpa's love will always be with him.	Children
BC134	Green Mittens From Grandma: A Gentle Story about a Child's Grief	Hanks, Bernice Hogan	1996 (2 copies)/ Grades K-3. A story about a child's grief and how remembering the green mittens grandma knit helps him.	Children
B109	Grief, Dying and Death: Clinical Intervention for Caregivers	Rando, Therese	1984 (3 copies – 2SC/1W)/ Addresses the issues of bereavement and terminal illness care. Practical suggestions for the caregiver who is working with both individuals and families.	Caregiving
B115	Grieving the Loss of Someone You Love	Mitsch, Raymond and Brookside, Lynn	1993/Subtitled: Daily Meditations to Help You Through the Grieving Process	Grief and Bereavement
B113	Grieving: A Love Story	Coughlin, Ruth	1993/ An account of the author's husband's battle with terminal cancer and how she is learning to survive as his widow. Addresses widowhood in its largest sense, acknowledges that the language of loss is universal.	Grief and Bereavement
BC119	Gynn	Muir, Mary Jane	1985/ A book about the family pet guinea pig.	Children
B323	Happily Even After: A Guide to Getting Through (and Beyond) the Grief of Widowhood	Fleet, Carole Brody	2012 (2 copies – SC/W)/ Answers the most common questions that the widowed generally have both immediately following a spouse's death as well as months and years thereafter: excerpted from actual letters received by the author	Grief and Bereavement
B119	Healing a Father's Grief	Schatz, William	1984/Self-help pamphlet about grief written following the author's loss of his child to leukemia.	Grief and Bereavement
B244	Healing A Friend's Grieving Heart	Wolfelt, Alan D.	2001/ Subtitled: 100 Practical Ideas for Helping Someone You Love Through Loss	Grief and Bereavement
B380	Healing a Teen's Grieving Heart: 100 Practical Ideas	Wolfelt, Alan D.	2001/ Addresses what to expect from grieving young people, and how to provide safe outlets for teens to	Grief and Bereavement/ Children and

			express emotion.	Youth
B345	Healing After Loss	Hickman, Martha Whitmore	2002/Subtitled: Daily Meditations for Working Through Grief. For those who have suffered the loss of a loved one, thoughtful words to inspire and comfort.	Grief and Bereavement
B202	Healing and Growing Through Grief	O'Toole, Donna	1993/ Helps to understand grief as a natural healing process and how to find help and support: a resource for support groups and as a handout for hospice and counseling purposes.	Grief and Bereavement
B121	Healing Family: The Simonton Approach for Families Facing Illness	Simonton, Stephanie Matthews	1998/ A comforting and concretely instructive guide for families seeking direction.	Caregiving
B122	Healing Grief	Jensen, Amy H.	1980 (4 copies – 2SC/2W)/ A guide to understanding grief	Grief and Bereavement
BC37	Healing Images for Children	Klein, Nancy	2001/Subtitled: Teaching Relaxation and Guided Imagery to Children Facing Cancer and Other Serious Illnesses. This book helps children with serious illnesses overcome the associated stresses of being sick by focusing on the connection between the mind and the body. It also offers parents and caretakers encouragement to face the emotional challenges of their child's illness.	Children
B357	Healing Into Life and Death	Levine, Stephen	1987/ Deals with the choice and application of treatment, offering techniques for working with pain and grief.	Clinical
B124	Healing your Grieving Heart - For Kids: 100 Practical Ideas	Wolfelt , Alan D.	2001/ Provides ideas and action-oriented tips that teach the basic principles of grief and healing.	Grief and Bereavement/ Children and Youth
B125	Healing Your Traumatized Heart: 100 Practical Ideas	Wolfelt, Alan D.	2001/ Offers compassionate tips for those affected by a traumatic death	Grief and Bereavement
B364	Healing Yourself: Understanding How Your Mind Can Heal Your Body	Pennington, Sheila	1988/ Defines the components of successful healing, demonstrating that it is the psychological process rather than any specific technique that shifts the balance point from dying to living.	Grief and Bereavement
B372	Healthy Eating Makes a Difference	Murphy, Sheila	1993/ Subtitled: A Food Resource for People Living with HIV	Clinical
BC27	Help Me Say Goodbye	Silverman, Janis	1999/ Activities for Helping Kids Cope When a Special Person Dies	Children
B374	Helping Children Cope with ALS	ALS Society of Canada	2007/ Subtitled: A Parental Information Guide. Also in French: Guide d'information parentale -	Caregiving/ Children and Youth

			Aider l'enfant composer avec SLA	
B373	Helping Children Cope with Grief	Sutherland, Ronald H.	1990 (2 copies – SC/W)/ Subtitled: A Teacher's Guide: to support students who are working through grief and loss.	Grief and Bereavement/ Children and Youth
B065	Helping Children Grieve	Huntley, Theresa	1991/Subtitled: When Someone They Love Dies. This book helps adults talk to children in meaningful ways during a time of crisis. The author explains common reactions parents can expect from children, and offers adults the tools they need to help children cope with a significant loss.	Grief and Bereavement/ Children and Youth
B128	Helping Children Grieve and Grow	O'Toole, Donna and Cory, Jerre	1998/ Designed to use to learn more about how children experience loss and grief and what adults can do to help children through this time.	Grief and Bereavement/ Children and Youth
B354	Helping People with Developmental Disabilities Mourn: Practical Rituals for Caregivers	Markell, Marc A.	2005/ Offers specific rituals and techniques for caregivers to use while helping explain death and dying to people with special needs.	Grief and Bereavement
B129	Here If You Need Me: A True Story	Braestrup, Kate	2008/ The story of the author's journey following her husband's death in a car accident. In her role as a minister on search and rescue missions in the Maine woods, she provides solace, understanding, and spiritual guidance and moves from grief to faith to happiness.	Memoir/ Biography
B130	Home Care of the Hospice Patient	White, Paula	1986 (5 copies – 3SC/2W)/ To help the caregiver in dealing with some of the problems and concerns that may arise when caring for a terminally ill person in the home.	Clinical
B131	Hospice	Rossmann, Parker	1977/ Focuses on implementation of the hospice concept in Connecticut, and in other places in the United States and Britain to illuminate the advantages of this hospice approach to care of the terminally ill.	Caregiving
BC36	Hospital (Separations)	Amos, Janine	1998/ Uses letters, stories, and informational text to help children cope with a hospital stay.	Children
B117	How Can I Help My Children with Their Grief	Hamilton-Wentworth Regional Public Health Department	1998/ Guidelines supporting families experiencing a loss	Grief and Bereavement/ Children and Youth
B344	How Doctors Think	Groopman, Jerome	2007/ A window into the mind of the physician and an examination of the relationship between doctors and their patients	Clinical

B137	How to Break Bad News: A Guide for Health Care Professionals	Buckman, Robert and Kason, Yvonne	1992 (2 copies – SC/W)/ To improve the way clinicians understand the process of breaking bad news.	Clinical
B138	How to Care for Yourself While You Care for the Dying and the Bereaved	Wolfelt, Alan D.	1996/ Alternate title: Companionship You!: A Soulful Guide to Caring for Yourself While You Care for the Dying and the Bereaved	Caregiving
B141	How to Survive the Loss of a Love	McWilliams, Peter; Bloomfield, Harold H. and Colgrove, Melba	1991/ On the subject of loss - either by death or divorce - and emotional recovery.	Grief and Bereavement
B142	How We Die	Nuland, Sherwin	1995/Subtitled: Reflections of Life's Final Chapter	Death and Dying
B143	How Will I Get Through the Holidays? 12 ideas for Those Whose Loved One Has Died	Miller, James E. and Herman, Marty	1996/ Helps bereaved people understand what to expect during the emotionally charged holiday times. It offers twelve ideas for navigating through these periods, with many specific suggestions and quotations.	Grief and Bereavement
B144	I Can't Stop Crying: Grief and Recovery, A Compassionate Guide	Martin, J.D.	1992 (2 copies –SC/W)/ A guide to understanding and overcoming grief.	Grief and Bereavement
BC45	I Don't Feel Cool When Someone I Know Dies	Manning, Connie	1998/ Ages 3-8. A friendly butterfly discusses loss and grief.	Children
B145	I Don't Know What to Say: How to Help and Support Someone Who is Dying	Buckman, Robert	2005 (2 copies –SC/W)/ Demystifies the dying process and offers practical advice for the friends and families of the terminally ill.	Death and Dying
BC165	I Feel: A Picture Book of Emotions	Ancona, George	1977/ Photographs explore inner feelings common to everyone.	Children
BC47	I Heard Your Mommy Died	Scrivani, Mark and Aitken, Susan	1994/ Helps children cope with the death of a mother by examining the feelings they experience and the changes in their lives.	Children
BC48	I Know I Made It Happen: A Gentle Book about Feelings	Blackburn, Lynn Bennett	1994 (2 copies)/ Gives children support and understanding during crises.	Children
BC51	I Remember Papa	Kettelman, Helen	1998/ Ages 4-8. The centre of the story is the relationship between father and son in a by-gone era	Children
B350	I Wanna Go Home	Molloy, Dr. D. William	2002/Subtitled: A Practical Guide to the Capacity for Shelter Assessment (CASA). Explains the assessment process in determining correct placement for cognitively impaired people.	Clinical
B149	I Wasn't Ready to Say	Noel, Brook and	2007 (2 copies)/ Subtitled: Surviving,	Grief and

	Goodbye	Blair, Pamela D.	Coping and Healing After the Sudden Death of a Loved One	Bereavement
BC126	"I Wish I Could Hold Your Hand..."	Palmer, Dr. Pat	1994/Subtitled: A Child's Guide to Grief and Loss. Helps grieving children identify their feelings and learn to accept and deal with them	Children
BC50	I'll Always Love You	Wilhelm, Hans	1988 (2 copies)/ Ages 4-8. Elfie, a dachshund, and her special boy progress happily through life together. One morning Elfie does not wake up. The family grieves and buries her.	Children
BC49	If Nathan Were Here	Bahr, Mary	2002/ For ages 5+. Explores the grief of a young boy whose best friend has died.	Children
BC110	If Only	Geithner, Carole	2012/ A novel for teens about a girl's journey through loss and grief after the death of her mother from cancer.	Youth
B147	In Your Own Time	Lee, Elizabeth	2002/ Guides patient through choices that exist in the medical care system	Clinical
B146	Intoxicated by My Illness and Other Writings on Life and Death	Broyard, Anatole	1993/ A collection of humorous essays written by the author concerning the ordeals of life and death - many of which were written during his battle with cancer that led to his death	Death and Dying - Humour
B148	Is There Life After Death?	Kübler-Ross, Elisabeth	2005 (CD)/ The positive aspects of dying and a clarification of what occurs when we move to the next stage of our eternity.	Death and Dying
B335	Jim: A Life with AIDS	Callwood, June	1988/ The story of Toronto actor Jim St. James's life with AIDS.	Memoir/ Biography
B371	Journal of a Solitude	Sarton, May	1973/ Explores the author's spiritual and artistic journey through her journal.	Spiritual/ Religious
B151	Journaling a Pathway Through Grief	Dean, Wendy	2002 (2 copies)/Subtitled: One Family's Journey After the Death of a Child. After the author's daughter's death, the value of finding solace through journaling.	Grief and Bereavement
B153	Just Before Sunset	Moss-Pommeranz, Hans	2006/ An autobiography showing the author's survival in the face of incredible diversity. The author takes the reader from the difficulties and joys of childhood through the horrors of war and life-threatening illness. Forced to rebuild, the author's success and happiness can be credited to his extraordinary determination.	Memoir/ Biography
B324	Just Stay...A Couple's Last Journey Together	Fazakerley, Jennifer; Butlin-Battler, Helen and Bradish, Grace	2012/ A true story about accepting a life altering terminal diagnosis and maximizing the amount of time a couple has left.	Memoir/ Biography

BC166	Kemo Shark	King, H. Elizabeth	1995/ Designed to help children understand the psychological and physiological changes in a parent with cancer who undergoes chemotherapy.	Children
B154	Keys to Helping Children Deal with Death and Grief	Johnson, Joy, Gambill, Andrea and Sieff, Janet	2006 (2 copies – SC/W)/ To help parents explain the idea of death in ways that are understandable to children. It includes sections on the process of grief and ways to help children cope with loss	Grief and Bereavement/ Children and Youth
BC52	Keys to Helping Children Deal with Death and Grief	Johnson, Joy; Gambill, Andrea and Sieff, Janet	2006 (2 copies: one adult/one child&youth)/ A book to help parents explain the idea of death in ways that are understandable to children. It includes sections on the process of grief and ways to help children cope with loss.	Youth
B155	Knocking on Heaven's Door: The Path to a Better Way of Death	Butler, Katy	2013/ The author ponders her parents' desires for "good deaths" and the forces within medicine that stood in the way. She explores what happens when our terror of death collides with the technological imperatives of medicine. Her provocative thesis is that modern medicine, in its pursuit of maximum longevity, often creates more suffering than it prevents.	Death and Dying
B158	Lessons: For Where There Is Love There Is Hope - from a Mother Who Lost Her Child to Cancer	Abbott, Susan Shibley and Badura, John	1996 (5 copies – 3SC/2W)/ How you can get out of your sadness through faith	Spiritual/ Religious
B160	Let Me Grieve, But Not Forever	Davis, Verdell	1994/ From parts of journals that the author kept during the loss of her husband to an airplane crash, the book offers a source of hope and healing for anyone experiencing grief. The author shares how to examine grief and ultimately find healing in the process.	Grief and Bereavement
B359	Let Someone Hold You: The Journey of a Hospice Priest	Morrissey, Paul	1994/ A Roman Catholic priest and pastoral counselor shares his stories of 12 patients he visited during their terminal illness and of his encounters with their families and the hospice staff.	Spiritual/ Religious
B339	Letters from Motherless Daughters	Edelman, Hope (ed)	1995/Subtitled: Words of Courage, Grief and Healing. A compilation of letters written by women in response to the author's book "Motherless Daughters"	Grief and Bereavement
B265	Life After Loss	Deits, Bob	2004/ A guide to renewing your life after experiencing major loss.	Grief and Bereavement
B162	Life After Loss:	Moody, Raymond	2002/ A unique approach to	Grief and

	Conquering Grief and Finding Hope	Jr. and Arcangel, Dianne	understanding and overcoming grief, the authors show how the grieving process can transform our fear and grief into spiritual and emotional growth	Bereavement
B167	Life After Trauma: A Workbook for Healing	Rosenbloom, Dena and Williams, Mary Beth with Watkins, Barbara	1999/ Helps trauma survivors find and use crucial skills for coping, self-understanding, and self-care	Grief and Bereavement
B331	Life is Goodbye Life is Hello	Bozarth, Alla Renée	1986/Subtitled: Grieving Well Through All Kinds of Loss. How to make grieving a positive action that's part of the healing process.	Grief and Bereavement
B164	Life Strategies: Doing What Works, Doing What Matters	McGraw, Philip C.	2000/ Ten Life Laws to empower the reader to take responsibility for his or her own actions and break free from self-destructive patterns	Pastoral/ Counselling
BC70	Lifetimes	Bryan Mellonie and Ingpen, Robert	1983/ Subtitled: The Beautiful Way to Explain Death to Children	Children
BC124	Lilacs for Grandma	Hucek, Margene Whitler	2002/ Tells of a little girl's good- bye to her grandmother, and the love that they shared.	Children
B165	Little Visits with God	Jahsmann, Allan H., Simon, Martin P. and White, Deborah	2006/ Nurtures the faith of children and encourages them to learn about God and develop love and trust in Him.	Spiritual/ Religious – Children and Youth
B168	Living When a Loved One Has Died	Grollman, Earl A.	1995 The author explains what emotions to expect when mourning, what pitfalls to avoid, and how to work through feelings of loss.	Grief and Bereavement
B169	Living with an Empty Chair	Temes, Roberta	1992/ An explanation of ways to cope with death: living alone, children and grief, restructuring families, and the effects of suicide on survivors.	Grief and Bereavement
B173	Living with Grief After Sudden Loss: Suicide, Homicide, Accident, Heart Attack, Stroke	Doka, Kenneth J.	1996 (3 copies - 2SC/1W)/ Produced as a companion to the Hospice Foundation of America's third annual teleconference.	Grief and Bereavement
B170	Living with Grief: At Work, At School, At Worship	Doka, Kenneth J. and Davidson, Joyce D.	1999 (2 copies)/ Discusses how grief influences us in our day-to-day surroundings; offers interventions that communities can use in assisting those struggling with loss.	Grief and Bereavement
BC54	Living with Grief: At Work, At School, At Worship	Doka, Kenneth J. and Davidson, Joyce D.	1999/ Considers the ways that grief influences us in varied settings, offering suggestions to organizations such as workplaces, schools or places of worship as to how they can assist grievers struggling with illness and	Youth

			loss.	
B171	Living with Grief: Children, Adolescents and Loss	Doka, Kenneth J. and Gordon, Jack D.	2000 (2 copies – SC/W)/ Features articles by leading educators and clinicians in the field of grief and bereavement. The book includes a comprehensive resource list of national organizations and a bibliography of age-appropriate literature for children and adolescents	Grief and Bereavement/ Children and Youth
BC55	Living with Grief: Children, Adolescents and Loss	Doka, Kenneth J. and Davidson, Joyce D.	2000 (2 copies: one adult/one child&youth)/ Features articles by educators and clinicians on grief and bereavement. The chapters are the writings of children and adolescents. Includes a resource list of national organizations and a bibliography of literature for children and adolescents.	Youth
B174	Living, Loving and Learning	Buscaglia, Leo	1992 (3 copies – 2SC/1W)/ Collection of the author's informative and amusing lectures, which were delivered worldwide between 1970 and 1981.	Death and Dying - Humour
BC57	Losing Uncle Tim	Jordan, Mary Kay	1989/ Ages 9-12. When his Uncle Tim dies of AIDS, Daniel struggles to find reassurance and understanding and finds that his uncle has left him a legacy of joy and courage.	Children
BC58	Love You Forever	Munsch, Robert	1995 (5 copies)/ Ages 4-8. Details the cycle of life by chronicling the experiences of a young son and his mother throughout the course of the boy's life.	Children
B177	Magic or Medicine? An Investigation of Healing and Healers	Buckman, Robert and Sabbagh, Karl	1993/ The authors look closely at the claims made for both medical science and alternative treatments and discover a gap between the promises and the reality of each approach.	Clinical
B352	Making Cancer Less Painful: A Handbook for Parents	McGrath, Patrick J.; Finley, G. Allen and Turner, Catherine J.	1992 (4 copies – 2SC/2W)/ Written in the belief that parents should take an active part in the management of their child's cancer pain, but are often not given the information they need.	Clinical
B077	Making Friends with Death	Lief, Judith	2001/Subtitled: A Buddhist Guide to Encountering Mortality. A guide to exploring our relationship with mortality and in working with the dying.	Spiritual/ Religious
B178	Making Meaning of the Madness: One Man's Journey Through Grief	Lundine, Dan	1997/ This book is intended to help bereaved fathers cope with grief and to give insight to and understanding of their emotions.	Grief and Bereavement
B179	Making Sense of the Senseless: The McFeat Family ALS Journey	McFeat, Ruth L.	1999/ A family's experience with their father's ALS and how they were able to care for him at home - details some of the ideas of the family and the	Caregiving

			nurses to help other families who are nursing a paralysed relative at home, as well as providing information for medical professionals	
B180	Man to Man: When the Woman You Love has Breast Cancer	Murcia, Andy and Stewart, Bob	1990/ Combining personal anecdote and practical advice, the authors explain how to become an informed medical advocate for a wife's health; talk about hopes and fears; adjust to life without breasts; and build a positive "life plan" for the future.	Caregiving
B263	Managing Pain	Jovey, Roman D. (ed)	2002/Subtitled: The Canadian Healthcare Professional's Reference	Clinical
B181	Mastering the Art of Coping in Good Times and Bad	Edgar, Linda	2010/ Finding the best and simplest ways of teaching us how to cope, feel a sense of personal control and enjoy a satisfying life - instills the faith that no matter what the hardships are, we can cope.	Pastoral/ Counselling
B184	Meetings At the Edge: Dialogues with the Grieving and the Dying, the Healing and the Healed	Levine, Stephen	1984/ Integrates death into the context of life capturing the range of emotions and challenges that accompany the dying process. The author offers unique support to readers dealing with this difficult experience.	Death and Dying
B185	Men and Grief	Staudacher, Carol	1991/ Subtitled: A Guide for Men Surviving the Death of a Loved One : A Resource for Caregivers and Mental Health Professionals	Grief and Bereavement
B186	Menya: An End of Life Story	Wolfe, Morris	2003/ Written by Menya Wolfe's father and drawing on the journal kept by her care team, it tells the story of her four and a half year battle with breast cancer and her palliative care at home.	Memoir/ Biography
B188	Miles to Go: A Handbook of Comfort and Support for People Who Are Seriously Ill	Latimer, Elizabeth J.	2001/ Help for those who are dealing with serious illness. It is a combination of thought, ideas, suggestions and reflections.	Clinical
BC59	Milo: Sticky Notes and Brain Freeze	Silberberg, Alan	2011/ Grades 5-8. The story of a 13 year-old boy and his struggles since his mother died.	Children
BC112	Mimi	Newman, John	2010/ A novel for teens. Mimi's life falls off the rails after the sudden loss of her mother: a story of loss, compassion, and the power that comes from sticking together.	Youth
BC60	Molly's Mom Died: A Child's Book of Hope Through Grief	Holmes, Margaret M.	1999 (2 copies)/ Ages 5-9. All children are affected by the death of someone they love, especially when it is their parent. A tool to facilitate communication between adult and child about the grief they are experiencing.	Children

B189	Motherless Daughters: The Legacy of Loss	Edelman, Hope	1994/ Explores the myriad ways that losing a mother can affect almost every aspect and passage of a woman's life.	Grief and Bereavement
B191	Mourning into Dancing	Wangerin, Walter Jr.	1996/ Defines the stages of grief, names the many kinds of loss, shows how to help the grief-stricken, gives a new vision of Christ's sacrifice, and shows how a loving God shares our grief	Grief and Bereavement
B375	Multifaith Support for the Dying	Initiative 1 Funding for Palliative Care	2004/ A brief perspective from Baha'i, Buddhism, Hinduism, Islam, Judaism and Native Canadian faiths	Spiritual/ Religious
B192	My Friend, I Care: The Grief Experience	Karnes, Barbara	2001/ Intended for the newly grieving. It addresses the normalness of grieving while offering suggestions for moving forward into living.	Grief and Bereavement
B193	My God, I Thought You'd Died	Dosdall, Claude and Broatch, Joanne	1986/Subtitled: One Man's Personal Triumph Over Cancer. Following the diagnosis of an inoperable brain tumor and with only a year to live, the author's exploration of the various treatments - including meditation, radiation, psychic healing, and visualization - that eventually led him down the road of recovery	Memoir/ Biography
BC61	My Grammy	Kibbey, Martha	1991/ Age 4+. When eight-year old Amy has to share her bedroom with Grammy who has Alzheimer's disease, she learns to give her the patience she needs.	Children
BC62	My Journey of Hope: A Child's Guidebook for Living With Cancer	Kovar, Sarah Jean	1993/ The author, who died of cancer in May, 1992, at the age of eleven, wrote this book to show other children with cancer what to expect.	Children
BC63	My Many Colored Days	Seuss, Dr.	1996 (2 copies)/ Ages 3-8. Rhyming story for parents and teachers to talk with children about their feelings. Using vibrant colors and a variety of animals, the book covers a range of moods and emotions.	Children
B195	My Mother Dying	Johnson, Hillary and Jones, Ruth	1999/ Account of how two women get to look beyond the role of mother and daughter and see two individuals who are given a final chance to know one another under the pressure of impending death.	Memoir/ Biography
B197	My Stroke of Insight	Bolté-Taylor, Jill	2006/Subtitled: A Brain Scientist's Personal Journey. The author's account of a blood vessel exploding her brain and her recommendations for recovery and the insight she gained into the unique functions of the right and left halves of her brain.	Clinical

BC164	Nana Upstairs & Nana Downstairs	De Paola, Tomie	1973/ This autobiographical story introduces children to the concept of death through the eyes of 4-year-old Tommy, who visits his grandmother and great-grandmother every Sunday. When his bedridden great-grandmother dies, his family comforts him	Children
B201	Never Say Goodbye: A Medium's Stories of Connecting with Your Loved Ones	Mathews, Patrick	2003/ How to recognize spirit communication and establish an ongoing relationship with those in spirit.	Spiritual/ Religious
B199	Never the Same: Coming To Terms with the Death of a Parent	Schurman, Donna	2003/ Advice and encouragement to empower readers to come to terms with the influence of their parent's death.	Grief and Bereavement
B200	Never Too Young to Know: Death in Children's Lives	Silverman, Phyllis Rolfe	1999/ A practical and multifaceted theoretical approach to how children cope with death.	Grief and Bereavement/ Children and Youth
B328	New Paradigm Palliative Care	Hartman, Dr. Sandra	1996/ New approach to treatment of dying and of grief and bereavement based on spirituality, quantum physics, consciousness studies and Tibetan Buddhists' science of the mind.	Spiritual – Death and Dying/ Grief and Bereavement
BC66	No Body's Perfect Journal	Kirberger, Kimberly	2003/ Grade 7+. A collection of stories, essays, and poetry written by both teenage girls and adult women who are dealing with body-image issues.	Youth
B385	No Future Without Forgiveness	Tutu, Desmond	1999/ Tutu presents a bold spirituality that recognizes the horrors people can inflict upon one another, and yet retains a sense of idealism about reconciliation - shows readers how to move forward with honesty and compassion to build a newer and more humane world.	Spiritual/ Religious
B205	Not Yet: A Memoir of Living and Almost Dying	Choy, Wayson	2010/ Framed by two brushes with death, an intimate and insightful study of one man's reasons for living	Memoir/ Biography
B206	Now What?	Webster, Dr. Bill	(2 copies – SC/W)/ Designed to assist and comfort people in the early days of loss: helps to understand what to expect in the weeks and months after a loss, and makes suggestions as to how to cope with those feelings.	Grief and Bereavement
B207	October	Wright, Richard B.	2008/ Fiction: Coming-of-age story set in World War II Quebec - a portrait of a man searching for answers in the autumn of his life.	Fiction
B208	Of Wheels and Wings: Thoughts on the Death of a Son	Wesley-White, John	1992/ An account of the first three months following his 36-year-old son's sudden death, the author walks readers through the anger, questions, despair,	Grief and Bereavement

			and comfort he experienced while struggling to let his son go.	
BC145	Oh, The Places You'll Go!	Seuss, Dr.	1990/ Dr. Seuss's wise send-off for children starting out in the world, be they nursery school, high school, or college grads.	Children/ Youth
B209	On Children and Death: How Children and Their Parents Can and Do Cope with Death	Kübler-Ross, Elisabeth	1983 (2 copies – SC/W)/ Offers the families of dead and dying children the help and hope they need to survive - speaks directly to the fears, doubts, anger, confusion, and anguish of parents confronting the terminal illness or sudden death of a child.	Grief and Bereavement/ Children and Youth
BC68	On Children and Death: How Children and Their Parents Can and Do Cope with Death	Kübler-Ross, Elisabeth	1983 (2 copies: one adult and one child&youth)/ Offers the families of dead and dying children the help and hope they need to survive - speaks directly to the fears, doubts, anger, confusion, and anguish of parents confronting the terminal illness or sudden death of a child.	Youth
B210	On Death and Dying	Kübler-Ross, Elisabeth	1969 (two copies)/ The famous five stages of death: denial and isolation, anger, bargaining, depression, and acceptance: gives an understanding of how imminent death affects the patient, the professionals who serve that patient and his or her family, bringing hope to all who are involved.	Grief and Bereavement
B348	On Grief and Grieving	Kübler-Ross, Elisabeth	2005/Subtitled: Finding the Meaning of Grief Through the Five Stages of Loss.	Grief and Bereavement
B213	On Life After Death	Kübler-Ross, Elisabeth	1991/ Advice for those dealing with terminal illness or the death of a loved one: a message of hope to the living, so that they may grow stronger from tragedy and live life to the fullest	Grief and Bereavement
B211	On Our Own ... Together	van Bommel, Harry	2002/ Subtitled: Trust Funds for Families with Financially Dependent Loved Ones and Endowment Funds for Small Not-for-Profit and Charitable Organizations	Grief and Bereavement - Financial
B329	One Hundred Names for Love	Ackerman, Diane	2011/ Memoir based on the author's husband's stroke and subsequent affliction with aphasia (loss of language) – an addition to medical literature on stroke and aphasia and a love story.	Memoir/ Biography
B212	One Last Time	Edward, John	1999/Subtitled: A Psychic Medium Speaks to Those We Have Loved and Lost	Spiritual/ Religious

B221	Opening Heaven's Door	Pearson, Patricia	2014/ Subtitled: What the Dying May Be Trying to Tell Us About Where They're Going: exploration of the inexplicable gleamings of another world many of us experience, in life, in grief, and near death.	Spiritual/ Religious
BC151	Our Family Has Cancer, Too!	Clifford, Christine	1998/ Ages 7-12. Provides comfort through the knowledge that "you are not alone".	Children
B214	Out of Grief Singing	Diehl, Charlene	2010/ Account of how a woman comes to terms with the loss of her newborn.	Grief and Bereavement
BC69	Out of the Darkness: Teens Talk about Suicide	Crook, Marion	2003/ Based on interviews with teen suicide survivors, parents, and professionals, the author explores all aspects of teen suicide.	Youth
B215	Overcomers, Inc.	Klippel, Lynne	209/ Subtitled: True Stories of Hope, Courage and Inspiration. Stories from 38 authors showcase the strength of the human spirit and how to triumph over adversity.	Memoir/ Biography
B362	Overcoming Depression	Papolos, Demetri and Janice	1997/Subtitled: The Definitive Resource for Patients and Families Who Live with Depression and Manic Depression	Clinical
B217	Parental Loss of a Child	Rando, Therese A. (ed)	1986/ Help caregivers understand and address the difficulties and complex issues associated with the loss of a child: offers comprehensive analyses of many types of parental bereavement	Grief and Bereavement
BC67	Part of Me Died, Too	Fry, Virginia Lynn	1995/ Subtitled: Stories of Creative Survival Among Bereaved Children and Teenagers. A chronicle of eleven children, from toddlers to teenagers, who have lost family or friends shows how drawing, music, and other rituals can help the grieving process.	Youth
B218	Parting Company: The Caregiver's Journey - Understanding the Loss of a Loved One	Pearson, Cynthia and Stubbs, Margaret L.	1999/ Facing the loss of a loved one, shows the caregiver what to expect and how to cope and suggests ways in which others can best support the caregivers in their tasks.	Caregiving
B220	Peace, Love and Healing	Siegel, Bernie S.	1989/ Subtitled: Bodymind Communication & the Path to Self-Healing: An Exploration	Spiritual/ Religious
BC71	Peef The Christmas Bear	Hegg, Tom	1995 (2 copies)/ Ages 3-6. A story about a teddy bear, handmade by Santa, who is given to a child on Christmas Eve: a message of love and respect.	Children
B302	Pet Loss: A Thoughtful Guide for Adults and Children	Nieburg, Herbert A. and Fischer, Arlene	1982/ A sympathetic guide for both children and adults explains how to cope with the death or loss of a	Grief and Bereavement

			beloved pet.	
BC73	Playing with the Angels: Stories of Possibilities for Grieving Children	George, K. Jan	2010 (3 copies)/ A collection of short stories that honour real children and what happened to them. Each inspires with his or her wisdom, honesty and courage.	Children
B224	Preparing the Children	Nussbaum, Kathy	1998/ Information & Ideas for Families Facing Terminal Illness & Death. Recommendations to help parents talk with their children about serious illnesses and death.	Grief and Bereavement/ Children and Youth
B226	Quality of Life: From Nursing and Patient Perspectives	King, Cynthia R. and Hinds, Pamela S.	2003/ Comprehensive text that offers a unique perspective on quality of life by reflecting the voices of patients and families receiving or having received care for cancer	Clinical
B227	Questions and Answers on Death and Dying	Kübler-Ross, Elisabeth	1974 (2 copies – SC/W)/ Discusses accepting the end of life, suicide, terminal illness, euthanasia, how to tell a patient he or she is critically ill, and how to deal with all the special difficulties surrounding death.	Death and Dying
B229	Rapid Relief from Emotional Distress	Emery, Gary and Campbell, James	1987/ Featuring 38 tests and exercises to help pinpoint problems and find immediate relief.	Clinical
B230	Reaching to Heaven: A Spiritual Journey through Life and to Death	Van Praagh, James	1999/ How to chart a course for living as spiritual beings in a physical world: a guide to inner peace and spiritual healing: a journey of hope, healing, and spiritual growth and enlightenment.	Spiritual/ Religious
B231	Reasons for Hope	Avon Canada	2003/ Stories Of Canadians Touched By Breast Cancer. All proceeds donated by Avon to breast cancer research.	Memoir/ Biography
B383	Reflections of a Grieving Spouse: The Unexpected Journey from Loss to Renewed Hope	Wright, H. Norman	2009/ Insights and steps to help adjust to life without a partner.	Grief/ Bereavement
B232	Reflections on the Art of Living: A Joseph Campbell Companion	Osborn, Diane K. (ed)	1991/ Intimate and inspiring reflections on the art of living.	Spiritual/ Religious
B360	Reflections: Illness & Healing - The Art of Robert Pope	Murray, Jock	1996/ Short review of Canadian artist, Robert Pope (d.1992) who devoted the last years of his life to documenting his decade-long experience as a patient with Hodgkin's Disease.	Memoir/ Biography
B233	Relaxation and Stress Reduction Workbook	Davis, Martha, McKay, Matthew and Eshleman, Elizabeth Robbins	2008/ Source for stress reduction strategies that can be incorporated into even the busiest lives.	Clinical

B235	Religions Explained	Ganeri, Anita	1997/ Subtitled: A Beginner's Guide to World Faith	Spiritual/ Religious
BC99	Remembering Owl	Stapleford, Deborah	2013/ not officially published. Beautiful illustrations help to explain that everything lives and everything dies as rabbit and squirrel remember their friend Owl.	Children
B236	Resuscitation	Palliative Pain and Symptom Management Program	Subtitled: A Decision-Making Guide for Patients, Families and Caregivers	Clinical
B237	Rise Up and Be Blessed	Haines, Elizabeth	Written by Hospice Niagara volunteer - rise up to your potential with the Holy Spirit.	Spiritual/ Religious
BC75	Rocky's Hard Time	Bowden, Carol	/ Story about a raccoon coming to grips with his father's illness.	Children
B238	Roses in December: Comfort for the Grieving Heart	Heavilin, Marilyn Willett	1987 (2 copies – SC/W)/ To help readers understand the grieving process, support family members, give insight into sibling grief, and maintain their marriages during difficult times.	Grief and Bereavement
BC76	Sad Isn't Bad: A Good-Grief Guide Book for Kids Dealing with Loss	Mundy, Michaelene	1998/ Offers children of all ages a comforting, realistic look at loss: positive, life-affirming help for coping with loss as a child.	Children
B241	Safe in the Arms of God: Truth from Heaven About the Death of a Child	MacArthur, John F.	2003/ Biblical comfort to parents grieving the death of an infant, small child, or mentally disabled adult child.	Spiritual/ Religious
BC113	Samantha Jane's Missing Smile	Kaplow, Julie and Pincus, Donna	2007/ Ages 4-8. The story of a young girl whose father has died: guides families through the emotions, questions, and worries that children have when a parent has died. Offers ways to remember and honour the lost parent.	Children
BC77	Sammy's Mommy Has Cancer	Kohlenberg, Sherry	1993/ Helps young children to understand and accept the changes in their lives when a parent is diagnosed with a life-threatening illness.	Children
B242	Saved by the Light	Brinkley, Dannion	1994/Subtitled: True Story of a Man Who Died Twice and the Profound Revelations He Received.	Memoir/ Biography
BC143	Saying Goodbye	Barr, J. Bennett	2009/ Written from a child's perspective, gives simple yet concise explanations of the physical and spiritual aspects of death and the events surrounding a funeral.	Children
BC149	Saying Goodbye	Boulden, Jim and Joan	1992/ Used by hospices, schools, hospitals and mortuaries, parents and therapists: a gentle presentation of death with a healing discussion of emotional issues.	Children

BC139	Saying Goodbye	Saynor, John K.	1988 (2 copies)/ Talking with children about loss: words, strategies and wisdom to help children cope with death, divorce and other losses.	Children
BC78	Saying Goodbye to Daddy	Vigna, Judith	1991/ Grades K-3. Addresses a child's range of emotions when her father dies in a car accident.	Children
B135	Seasons of Grief and Healing: A Guide for Those Who Mourn	Miller, James E.	2000. Brings understanding and renewal to times of grief	Grief/ Bereavement
BC114	Second Chance Summer	Matson, Morgan	2012/ A novel for teens. The story of Taylor and her family's last summer together following her father's diagnosis with cancer.	Youth
B336	Self-Healing with Reiki	Quest, Penelope	2003/ Subtitled: How to Create Wholeness, Harmony, & Balance for Body, Mind and Spirit. The author explains how you can use Reiki as a powerful tool for healing your mind, body, and spirit to achieve wholeness, harmony, and a sense of purpose	Clinical
B343	Seven Angels for Seven Days	Fast-Vlaar, Angelina	2005/Subtitled: A True Story of Mystery, Grief, Healing and God's Amazing Faithfulness. The true story of a camping trip taken through the Australian outback that produces an untimely encounter with death.	Memoir/ Biography
B246	She Was Born, She Died	Cohen, Marion	2004/ A collection of poems following the death of an infant.	Grief and Bereavement
B247	Shepherd Looks at Psalm 23	Keller, Philip	2008/ As a shepherd, the author shares his insights into the life and character of sheep and of the Good Shepherd who cares for them - will give new meaning to the ageless shepherd psalm.	Spiritual/ Religious
BC79	Sick But Not Scared	Rhodes-Marriott, A. "Tony"	1996/ Subtitled: A Children's Health Book to Reduce Their Fears of Illness and Disease	Children
B333	Someone You Love is Dying. How Do You Cope?	Corr, Charles A.	(2 copies – SC/W)/To illustrate the strength of emotions felt by those who are dealing with anticipatory grief in the illness of a loved one.	Grief and Bereavement
B341	SOS Help for Parents	Clark, Lynn	2008/Subtitled: A Practical Guide for Handling Common Everyday Behavior Problems. A parent education program which helps children, ages two to twelve, to improve their behaviour and emotional adjustment	Pastoral/ Counselling – Children and Youth
B249	Soul Sisters	Zukav, Gary	2000/ Show how concepts such as intuition, harmony, cooperation, sharing, and reverence for life express themselves in people's lives.	Spiritual/ Religious

BC121	Spinning Inward	Murdock, Maureen	1987/ Subtitled: Using Guided Imagery with Children for Learning, Creativity and Relaxation	Children
BC129	Starbright: Meditations for Children	Grath, Maureen	1991/ Simple visualizations to help children sleep peacefully, awaken creativity, develop concentration and learn to quiet themselves.	Children
BC115	Still Here With Me: Teenagers and Children on Losing a Parent	Sjöqvist, Suzanne (ed.)	2005/ An anthology of the experiences of thirty-one children and teenagers who have lost a parent.	Youth
B253	Straight From the Heart	Yalof, Ina	1996/ Letters of hope and inspiration from survivors of breast cancer	Memoir/ Biography
BC157	Straight Talk about Death for Teenagers	Grollman, Earl A.	1993 (2 copies)/ Subtitled: How to Cope with Losing Someone You Love	Youth
B254	Suicide of a Child	Wroblewski, Adina	1984/ For parents whose child has completed suicide: details about victimization, social stigma, guilt, anger, history and recovery.	Grief and Bereavement
BC136	Sunflower Mountain	Foster-Morgan, Kathleen	1995/ A boy learns about death when the beloved pet of an adult friend dies, complicated by the death of his grandfather a year earlier. An aid for adults assisting children cope with the death of a companion animal.	Children
BC81	Sunflower Promise	Hemery, Kathleen Maresh	2005/ A chapter book for children ages 8-12 who are experiencing the death of someone they know.	Children
BC138	Sunflowers and Rainbows for Tia: Saying Goodbye to Daddy	Alexander-Greene, Alesia	1999/ Tells how a young girl feels when her father dies and how she and her family express their sadness as well as their love for him.	Children
B342	Supportive Care at Home	Deachman, Marilyn; Howell, Doris and Pegis, Jessica (ed)	1991 (2 copies – SC/W)/Subtitled: A Guide for Seriously Ill Patients and Their Families	Caregiving
B257	Sweet Dreams, Robyn	Rothermel, Dan	1991 (4 copies – 3SC/1W)/ A father writes about his daughter's struggle with leukemia.	Memoir/ Biography
B258	Taking the Time You Need to Grieve Your Loss	Baldwin, Kathlyn S.	Signposts along the grief journey to help you find your way back to wholeness.	Grief and Bereavement
B259	Taking Time: Support for People Living with Cancer and People who Care About Them	Canadian Cancer Society	1985 (3 copies – 2SC/1W)/ Support for people living with cancer and people who care about them.	Caregiving
B260	Tales from the Bed	Estess, Jenifer and	2004/ Memoir by the author living	Memoir/

		Estess, Valerie	with ALS.	Biography
BC82	Talking About Death	Grollman, Earl A.	1990, 2011/Subtitled: A Dialogue Between Parent and Child. A guide for parents helping their children through the death of a loved one.	Youth
B326	Talking With Children About Loss	Trozzi, Maria with Massimini, Kathy	1999 (2 copies – SC/W)/ Subtitled: Words, Strategies, and Wisdom to Help Children Cope with Death Divorce, and Other Difficult Times	Grief and Bereavement/ Children and Youth
BC42	Tear Soup: A Recipe for Healing After Loss	Schwiebert, Pat and DeKlyen, Chuck	1999 (2 copies)/ The author combines emotions and memories as a way to work through the healing and grieving process.	Children
B378	Teen Grief Relief: Parenting with Understanding, Support and Guidance	Horsley, Dr. Heidi and Dr. Gloria	2007/ Provides parents and teens with help: stories, feelings, techniques, references and resources for use in surviving and thriving after the loss of a family member or close friend.	Grief and Bereavement/ Children and Youth
B264	Terminal Illness	Kemp, Charles	1995/Subtitled: A Guide to Nursing Care. Provides a nursing care approach to the problems and issues that arise when caring for patients with terminal cancer. and other illnesses	Caregiving - Clinical
BC85	Thank You for Coming to Say Goodbye	Roberts, Janice and Johnson, Joy	1994/ Subtitled: Involving Children in Funeral Services	Children
B008	The Alchemy of Loss: A Young Widow's Transformation	Carter, Abigail	2008/ Carter's husband was killed in the World Trade Center bombing of September 11, 2001.	Memoir/ Biography
B014	The Anatomy of Hope: How People Prevail in the Face of Illness	Groopman, Jerome	2005/ Explores the vital role of hope in patients' lives. How to distinguish true hope from false hope and how to gain an honest understanding of the reach and limits of this essential emotion.	Pastoral/ Counselling
B351	The Art of Being a Healing Presence: A Guide for Those in Caring Relationships	Miller, James E. and Cutshall, Susan C.	2012/ Seven steps to show how a difference can be made in the lives of others by learning to be present in a way that is healing, nurturing, and potentially even transforming.	Caregiving
B016	The Art of Dying	Weenolsen, Patricia	1996/Subtitled: The Only Book for Persons Facing Their Own Death. It leads us through the conflicts we all seek to resolve in our "end time".	Death and Dying
B017	The Art of Helping	Carkhuff, Robert R.	1987/ Explains the essential interpersonal skills needed by professional and lay people.	Caregiving
B024	The Bereaved Parent	Schiff, Harriet Sarnoff	1977 (2 copies – SC/W)/ Practical supportive advice for bereaved parents and the professionals who work with them, based on the experiences of	Grief and Bereavement

			psychiatric and religious counselors.	
B361	The Book of (Even More) Awesome	Pasricha, Neil	2011/ Sequel to The Book of Awesome: collection of things that make you go "awesome".	Pastoral/ Counselling
BC131	The Brave Little Owl	Davies, Gill	1999/ For one little owl the dark is too scary then he learns to fly for the first time.	Children
BC127	The Brightest Star	Hemery, Kathleen Maresh	1998/ After the death of her mother, Molly discovers that love never dies and memories stay with you forever.	Children
BC103	The Butterfly Bush: A Story about Love	Evarts, Dawn Michelle	1998/ After her grandmother dies, Lindsay finds strength and beauty in the butterfly tree they planted together.	Children
B034	The Caregiver's Journey: When You Love Someone with AIDS	Pohl, Mel; Deniston, Kay and Toft, Doug	1991/ Helps educate friends, family, or health care professionals work through their feelings, develop tools for acceptance, and understand the common stages in caring for those battling AIDS or ill with other chronic diseases.	Caregiving
B058	The Cosmic Power Within You	Murphy, Joseph	2004/ How to lead a fuller, richer and more glorious life.	Spiritual/ Religious
B059	The Courage to Grieve: The Classic Guide to Creative Living, Recovery, and Growth through Grief	Tatelbaum, Judy	1984/ Self-help book providing the help needed to enable us to face grief fully and to recover and grow from the experience. Although the book emphasizes the response to the death of a loved one, The Courage to Grieve can help with every kind of loss and grief.	Grief and Bereavement
B063	The Day My Life Changed	Reilly, Carmel	2006/ Collection of first hand accounts of people whose lives changed dramatically as a result of particular incidents or events.	Memoir/ Biography
B369	The Deepening Shade	Sourkes, Barbara	1982/ Subtitled: Psychological Aspects of Life-Threatening Illness	Clinical
B071	The Denial of Death	Becker, Ernest	1973 (2 copies – SC/W)/ Becker's answer to the 'why' of human existence: the problem of the vital lie - man's refusal to acknowledge his own mortality. The author sheds new light on the nature of humanity and issues a call to life and its living. Winner of the Pulitzer Prize in 1974.	Death and Dying
B074	The Dying and the Bereaved Teenager	Morgan, John D.	1998/ Guidelines for dealing with traumatic events in the school setting e.g. the death of a sibling, major life transitions, teen suicide.	Grief and Bereavement
B080	The Empty Room: Surviving the Loss of a Brother or Sister at Any Age	DeVita-Raeburn, Elizabeth	2004 (2 copies – SC/W)/ A memoir of the death of the author's older brother who lived for eight years in a plastic bubble before dying of a rare autoimmune disease at age seventeen.	Grief and Bereavement

B322	The End of Your Life Book Club	Schwalbe, Will	2012/ A mother and son agree to read the same books and share them as the mother waits for her chemotherapy treatments. Their discussions reveal how books become increasingly important to the connection between a woman whose life is coming to a close, and a young man becoming closer to his mom.	Memoir/ Biography
B083	The Experience of Dying	Pattison, E. Mansell	1977/ Comprehensive study of the clinical aspects of the process of dying.	Death and Dying
B086	The Fall of a Sparrow: Of Death and Dreams and Healing	Koppleman, K.L.	1994/ Written after the death of a 19 year old son	Memoir/ Biography
BC22	The Fall of Freddie the Leaf: A Story of Life for All Ages	Buscaglia, Leo	1982/ How Freddie and his companion leaves change with the passing seasons, finally falling to the ground with a winter's snow: an allegory illustrating the delicate balance between life and death.	Children
B091	The Final Mile	Landrum, Faye	1999/ Moving story of a wife's journey as she cares for her husband, terminally ill with cancer	Memoir/ Biography
B377	The Forgotten Mourners	Pennells, Margaret and Smith, Susan C.	1995/ Raises awareness of the sensitive issues involved for bereaved children, highlighting their needs and their emotional and behavioural responses when a bereavement occurs.	Grief and Bereavement/ Children and Youth
BC23	The Garden Angel	Czech, Jan	2000/ Subtitled: A young child discovers a grandparent's love grows even after death	Children
BC133	The Gift of a Memory: a Keepsake to Commemorate the Loss of a Loved One	Richmond, Marianne	2000 (2 copies)/ Commemorates the loss of a special life and celebrates our most cherished memories.	Children
B101	The Goldfish Went on Vacation: A Memoir of Loss (and Learning to Tell the Truth about It)	Dann, Patty	2007/ Following her husband's diagnosis of terminal brain cancer, the author weaves together a series of vignettes that chart her and her three-year old son's eventual acceptance. The book serves as a comfort to anyone surprised by grief	Grief and Bereavement
B107	The Grace in Dying	Singh, Kathleen Dowling	1998/Subtitled: A Message of Comfort, Hope and Spiritual Transformation. An illumination of the final transition of our lives.	Spiritual/ Religious
B110	The Grief Club: Secret to Getting Through All Kinds of Change	Beattie, Melody	2006/ How to move on after a major loss, such as the death of a loved one, the end of a career, or a health crisis.	Grief and Bereavement
B112	The Grief Recovery	James, John W.	1998 (4 copies (2SC/2W))/ Offers	Grief and

	Handbook	and Friedman, Russell	grievers the specific actions needed to move beyond loss.	Bereavement
B114	The Grieving Child: A Parent's Guide	Fitzgerald, Helen	1992/ Offers practical, compassionate advice for helping a child from preschool age to the teen years cope with the death of a parent or other loved one.	Grief and Bereavement
BC35	The Grieving Teen: A Guide for Teenagers and Their Friends	Fitzgerald, Helen	2000/ A guide to the special needs of adolescents struggling with loss, it gives them the tools they need to work through their grief. Written both about and for teenagers.	Youth
B126	The Helper's Journey: Working with People Facing Grief, Loss, and Life-Threatening Illnesses	Larsen, Dale G.	1993/Written for both professional and volunteer caregivers, this manual provides exercises, activities, and specific strategies for caregiving, personal growth, and stress management	Caregiving
B132	The Hospice Choice: In Pursuit of a Peaceful Death	Lattanzi-Licht, Marcia; Miller, Galen W. and Mahoney, John J.	1998/ Illustrates the gamut of situations dying people and their families may face and suggests ways to manage them. Throughout is information on the broad range of services hospice can provide	Death and Dying
B133	The Hospice Movement: A Better Way of Caring for the Dying	Stoddard, Sandol	1992/ Initiate caregivers, family, and friends into a new understanding of death and dying, one that reconciles the medical, the social, and the spiritual	Caregiving
B134	The Hospice Movement: Easing Death's Pain	Siebold, Cathy	1992/ This analysis of the growth of hospice care in the United States traces the contradictory forces that gave rise to its development. Important primarily to healthcare professionals	Caregiving
BC130	The Hurt	Doleski, Teddi	1983/ Ages 6-8. When a friend calls Justin a name, he begins to harbour a hurt. Finally, he is able to let the Hurt go and enjoy life with his family and friends.	Children
B150	The Joy of Meditating	Redfield, Salle Merrill	1988/Subtitled: A Beginner's Guide to the Art of Meditation	Spiritual/ Religious
BC53	The Kissing Hand	Penn, Audrey	1993/ Ages 3-8. Addresses separation anxiety: good resource at the beginning of the school year, or in any situation where a child must separate from parents. (book, CD and stuffed animal)	Children
BC34	The Last Goodbye	Boulden, Jim	1994/ Straightforward yet gentle, the book speaks directly to the middle school student about death.	Children
B157	The Last Lecture	Pausch, Randy	2008/Diagnosed with terminal cancer, computer science professor, Pausch delivers his last lecture – "Really Achieving Your Childhood Dreams" -	Pastoral/ Counselling

			a summation of everything he had come to believe about living	
BC111	The Life of Glass	Cantor, Jillian	2010/ A novel for teens. Following her father's death, Melissa tries to piece together the last of his secrets and finish his journal: a tale of love, loss, and self-discovery.	Youth
B166	The Lively Shadow: Living with the Death of Child	Murray, Donald M.	2003/ A father remembers his daughter's passing at age 20 due to Reye's Syndrome, to learning to live at last with only her memory, and the healing it took him years to finally experience.	Grief and Bereavement
B382	The Lord is My Shepherd: Healing Wisdom of the Twenty-third Psalm	Harold S. Kushner	2003/ Demonstrates how this psalm can help us cope with every aspect of life, from mundane jealousies to the death of a loved one to unimaginable tragedies of global proportions.	Spiritual/ Religious
BC159	The Memory Box	Bahr, Mary	1992/ When a Grandfather realizes he has Alzheimer's disease, he starts a memory box with his grandson to keep memories of the times they have shared.	Children
BC141	The Memory Box	McLaughlin, Kirsten	20001/ A young child shares his feelings after Grandpa dies and makes a memory box with special items and all the memories of his Grandpa.	Children
B190	The Mourning Handbook	Fitzgerald, Helen	1994/Subtitled: The Most Comprehensive Resource Offering Practical and Compassionate Advice on Coping with All Aspects of Death and Dying	Death and Dying
BC65	The Next Place	Hansen, Warren	1997/ Children's book about dying and death. A journey of light and hope to a place where earthly hurts are left behind.	Children
B355	The Pain Manual: Principles and Issues in Cancer Pain Management	Librach, S. Lawrence	1991(3 copies – 2SC/1W)/ Outlines basic and important strategies for managing chronic and increasing pain.	Clinical
B325	The Path to Love: Spiritual Strategies for Healing	Chopra, Deepak	1997/ Philosophical, inspiring, and practical: invites the spirit to work its wonders on the complex and richly rewarding terrain of the human heart.	Spiritual/ Religious
B304	The Pot of Gold	Nicholl, Tom	2003/ Subtitled: Dying to talk about Living or is it Living to talk about Dying?	Death and Dying
BC148	The Problem With Hair	Foss, Karen Sue	1996 (3 copies)/ Subtitled: A story for children who are learning about cancer.	Children
B240	The Sacred Body: A	Himes, Mavis	2002/ A story of a psychotherapist's	Memoir/

	Therapist's Journey		journey through cancer.	Biography
BC123	The Scar	Moundic, Charlotte	2009/ Captures the loneliness of grief through the eyes of a child as a little boy responds to his mother's death.	Children
BC140	The Secret of the Red Shoes: A Story about an Elderly Great-Grandmother	Donaldson, Joan	2006/ Ages 3-5. The reader learns about the joy and fulfilment of living with older relatives.	Children
BC152	The Snowman: A Book about Children and Grief	Vogel, Robin Helene	1994 (6 copies)/ The Snowman was the first two brothers built since Dad died and how they were then ready to talk about how Dad died and what his death meant to them.	Children
B332	The Social Animal	Brooks, David	2012/Subtitled: The Hidden Sources of Love, Character and Achievement. The story of how success happens, told through the lives of one composite American couple. Drawing on current research from numerous disciplines, the author takes the couple from infancy to old age, illustrating a fundamental new understanding of human nature.	Pastoral/ Counselling
B250	The Staircase Letters: An Extraordinary Friendship at the End of Life	Motyer, Arthur with Gerwin, Elma and Shields, Carol	2007/ Touching glimpse of the lives of three extraordinary people—two facing death and one left behind.	Memoir/ Biography
B252	The Story of My Father	Miller, Sue	2003/ Memoir written following the author's death from Alzheimer's disease.	Memoir
BC84	The Tenth Good Thing About Barney	Viorst, Judith	1971 (two copies)/ Narrative of a young boy trying to comprehend and come to terms with the death of his cat, Barney.	Children
B272	The Time of Their Dying	Rosenfeld, Stephen S.	1977/ A memoir of the author's parents' deaths from cancer within months of each other.	Memoir/ Biography
BC116	The Truth about Forever	Dessen, Sarah	2006 (2 copies)/ A novel for teens. A young girl's denial, grief, comfort, and love following her father's death and how she picks up the pieces of her life and fits them back together.	Youth
B097	The Unlikely Pilgrimage of Harold Fry	Joyce, Rachel	2012/ A novel about an ordinary man on an extraordinary journey to deliver a letter to an old friend in a Hospice.	Fiction
B290	The Valley of Cancer: A Journey of Comfort and Hope	Fast-Vlaar, Angelina	1999 (2 copies – SC/W)/ The journal of a 12-year colon cancer survivor describing her experiences through a year of weekly chemotherapy treatments.	Memoir/ Biography
BC90	The Velveteen Rabbit	Williams, Margery	1983 (three copies: one board book)/ The story of a stuffed rabbit and his	Children

			quest to become real through the love of his owner.	
B297	The Wheel of Life: A Memoir of Living and Dying	Kübler-Ross, Elisabeth	1997 (2 copies)/ Facing her own death, the author, who transformed the way the world thinks about death and dying, tells the story of her life. Having taught the world how to die well, she offers a lesson on how to live well.	Memoir/ Biography
B316	The Year of Magical Thinking	Didion, Joan	2007 (3 copies – 2SC/1W)/ An account of the year following the death of the author's husband.	Memoir/ Biography
B267	Then Again	Keaton, Diane	2011/ Memoir about the bonds between mother and daughter.	Memoir/ Biography
BC86	There's No Such a Thing as a Dragon	Kent, Jack	1975/ The story demonstrates how a little attention can make a big difference, no matter what size the problem.	Children
B120	This Battle Which I Must Fight	Health Canada	1996/Subtitled: Cancer in Canada's Children and Teens	Clinical
B269	Thoughts for Contemporary Spirits	Fearon, Bryan W.	1987(2 copies – SC/W)/The author writes of meditation, spiritual/natural healing, stress management and psychic phenomena.	Spiritual/ Religious
BC87	Tiger Eyes	Blume, Judy	1981/ Young adult novel about a young girl attempting to cope with the murder of her father.	Youth
B273	Time to Grieve: Meditations for Healing After the Death of a Loved One	Staudacher, Carol	1994/ A collection of thoughts and meditations - including the voices of survivors - for anyone grieving the loss of a loved one.	Grief and Bereavement
B275	Timely Death: Considering Our Last Rights	Mullens, Anne	1996/ An exploration of choices at the end of life: the complex social, legal, medical and ethical issues at play around the right to die.	Death and Dying
B276	To An Angel Who is New	Bohlmeijer, Arno	2004/ Celebrates the author's wife's short life, following her death in a car accident: a testimony to the enduring strength of love's bonds.	Memoir/ Biography
B277	To Cry Inside: Love, Death and Prison: The Hidden Face of the Euthanasia Debate by Lesley	Martin, Lesley	2006/ Following the author's attempt to assist her terminally ill mother's suicide, she is convicted of manslaughter and jailed: an account of what happens when someone stands up for his or her beliefs but breaks the law and divides public opinion.	Memoir/ Biography
B278	To Die Like a Dog: The Personal Face of the Euthanasia Debate by Lesley	Martin, Lesley	2002/ The author's personal account of what she did to cause her mother's death and why she did it.	Memoir/ Biography

BC150	To Hell With Dying	Walker, Alice	1967/ Although prone to frequent illness, old Mr. Sweet spends much of his time playing with neighborhood children, but when he finally dies, the children know that in a special way he will live forever.	Children
B279	To Live Until We Say Goodbye	Kübler-Ross, Elisabeth	1978/ Through the photographs of Mal Warshaw, a view of Dr. Kübler-Ross's counseling work with terminally ill patients.	Death and Dying
B281	To Talk of Many Things	Archer, Colin (ed)	1994/ Writings by patients of the Princess Alice Hospice in Surrey, England	Memoir/ Biography
B282	To Those Who Need It Most, Hospice Needs Hope	Wentzel, Kenneth B.	1981/ Resource for social workers and family members.	Caregiving
B334	Too Soon To Say Goodbye	Buchwald, Art	2006/ Humorist Buchwald, diagnosed with kidney disease: uncertain of the next days or weeks, unfazed by the inevitable, living life to the fullest.	Memoir/ Biography
B283	Too Soon To Say Goodbye: Healing and Hope for Victims and Survivors of Suicide	Osborn, Susan Titus; Kosman, Karen L. and Gordon, Jeeniie	2009/ A perspective offering renewal of courage and faith for those grieving the tragic loss of a loved one to suicide.	Grief and Bereavement
BC122	Tough Boris	Fox, Mem	1994 / Ages 4-8. Boris the pirate is mean, greedy and scary but when his parrot dies, he mourns like anyone else.	Children
B284	Transcending Love: Understanding The Lifelong Impact of Grief and How to Make It Meaningful	Bush, Ashley Davis	1997/ An approach to the lifelong process of grieving: based not on physical presence but on memory, spirit, and love	Grief and Bereavement
B286	Trauma, Loss and Bereavement	MADD: Mothers Against Drunk Driving	Designed to assist victims dealing with the aftermath of an alcohol or drug-related crash.	Grief and Bereavement
B349	Treasure The Journey: Living with Alzheimer's Disease	Lane, Betty	2008/ True life account of a husband and wife covering almost fifteen years of their time together with the husband's Alzheimer's Disease.	Memoir/ Biography
B287	Tuesdays with Morrie	Albom, Mitch	2003 (3 copies – 2SC/1W)/ Chronicle of the author's time with his former college professor, through which Albom shares Morrie's lasting gift with the world	Memoir/ Biography
B064	Turn My Mourning into Dancing	Nouwen, Henri	2001/Subtitled: Finding Hope in Hard Times. The author suggests that the way through suffering is not in denial, but in living fully in the midst of the trials life brings our way.	Pastoral/ Counselling
B288	Twelve Weeks in	Callwood, June	1986 (3 copies – 2SC/1W)/ Story of a	Memoir/

	Spring: The Inspiring Story of Margaret and Her Team		group of people who came together to help a friend battling cancer.	Biography
B289	Two Weeks of Life: A Memoir of Love, Death and Politics	Clift, Eleanor	2008/ At the same time as the death of Terri Schiavo, a brain-damaged woman in Florida in 2005, and the controversy that surrounded it, the author's husband was dying of cancer at home; the two passed away within a day of each other. The book alternates between these two stories to provide a commentary on how we deal with dying in modern America.	Memoir/ Biography
B291	Visions, Trips and Crowded Rooms	Kessler, David	2010/Subtitled: Who and What You See Before You Die. Stories of three experiences that challenge our ability to explain and fully understand the mystery of our final days.	Death and Dying
BC91	Walking Backward	Austen, Catherine	2009/ The story, in the form of a journal, of 12-year-old Josh and his struggle to come to terms with the death of his mother.	Youth
B292	Water Bugs and Dragonflies	Stickney, Doris	2010/Subtitled: Explaining Death to Young Children. A fable written to find a meaningful way to explain to neighborhood children the death of a five-year-old friend.	Death and Dying
BC93	Weird is Normal When Teenagers Grieve	Wheeler, J.L.	2005/ Losing her father to cancer when she was fourteen, the author has written a self-help book for teens who sometimes get lost in the shuffle after the death of a loved one.	Youth
B293	Western Attitudes Toward Death: From the Middle Ages to the Present	Ariès, Philippe	1975/ Traces Western man's attitudes toward mortality from the early medieval conception of death to the modern tendency to hide death.	Death and Dying
B294	What Can I Say?	Osmont, Kelly with McFarlane, Marilyn	1998/ Subtitled: How to Help Someone Who is Grieving	Grief and Bereavement
B295	What Dying People Want	Kuhl, David	2002 (2 copies)/ Subtitled: Practical Wisdom for the End of Life. A palliative care physician offers guidance on living with a terminal illness.	Death and Dying
BC102	What Happened to You, Happened to Me	American Cancer Society	1997/ Booklet for children diagnosed with cancer.	Children
BC135	What is Death?	Boritzer, Etan	2000/ Addresses children's natural curiosity, introducing the concept of death with examples of customs and beliefs from different religions and cultures. Also reflects on themes of tolerance, identify and generosity.	Children

BC94	What is God Like?	Lewis, Beverly	2008/ Ages 4-8. Takes difficult concepts about God and brings them to life in the minds of children.	Children
BC95	What is Heaven Like?	Lewis, Beverly	2006/ Addresses the questions children ask when they are coming to terms with the loss of a loved one.	Children
BC156	What on Earth Do You Do When Someone Dies?	Romain, Trevor	1999/ Offers the comfort and reassurance that children need during these difficult times.	Children
BC120	What's Heaven?	Shriver, Maria	1999 (3 copies)/ The story of Kate, a little girl whose great-grandma has just died is a starting point for parents to talk about the difficult topic of death with their children.	Children
BC96	When a Friend Dies	Gootman, Marilyn E.	2005 (2 copies)/ Subtitled: A Book for Teens About Grieving & Healing. Answers questions grieving teens often have about painful loss.	Youth
B223	When a Parent Has Cancer	Harpham, Wendy Schlessel	2004 (four copies -3SC/1W)/ Subtitled: A Guide to Caring for Your Children. Clear and sympathetic advice for parents challenged with the task of raising normal, healthy children while they struggle with a potentially life-threatening disease.	Caregiving
B298	When Bad Things Happen to Good People	Kushner, Harold	1981/ Following his son's death to a degenerative disease, the author's contemplation of the doubts and fears that arise when tragedy strikes.	Grief and Bereavement
BC125	When Dinosaurs Die: A Guide to Understanding Death	Brown, Laurie Krasny and Marc	2009/ The authors explain the feelings people may have regarding the death of a loved one and the ways to honour the memory of someone who has died.	Children
BC98	When Families Grieve	Sesame Street	2001 (46 copies)/ Presents personal stories about coping with the death of a parent, and strategies that have helped families move forward.	Children
BC64	When Nothing Matters Anymore	Cobain, Bev	2007/Subtitled: A Survival Guide for Depressed Teens. Bev Cobain is the cousin of Kurt Cobain of the band Nirvana who took his own life after a long struggle with depression and chemical dependency.	Youth
B366	When Someone Dies	Smith, Scott Taylor	2013/Subtitled: The Practical Guide to the Logistics of Death. Provides readers with guidance on making informed, money-saving decisions after a loved one dies.	Grief and Bereavement - Financial
B300	When Someone You Care About Dies	Webster, Dr. Bill	1996 (2 copies)/ To help the grieving individual work through many of the issues that arise when a significant person dies.	Grief and Bereavement

B301	When Someone You Care About is Grieving	Webster, Dr. Bill	Booklet designed to assist people who are trying to support someone through the grieving process.	Grief and Bereavement
BC146	When Someone You Love Has Cancer	Canadian Cancer Society	1992/Subtitled: A Resource for Young People	Children/ Youth
BC100	When Someone You Love Has Cancer: A Guide to Help Kids Cope	Lewis, Alaric	2005 (7 copies)/ Ages 4-12. Helps children cope with the presence of cancer in their lives: how the disease affects their loved ones, their family, and their world.	Children
B368	When Tragedy Strikes	Stanley, Charles	2001/ The author shows through Scripture how to respond when tragedy, either on a national or private scale, strikes.	Spiritual/ Religious
BC101	When Your Brother or Sister Has Cancer	American Cancer Society	2000/ Ages 11-14. Booklet about coping and emotions when a sibling has been diagnosed with cancer.	Children
B303	When Your Child Has a Life-Threatening Illness	Frantz, Thomas T.	1993 (2 copies)/ Describes the difficulties that arise in families of sick children and suggests strategies for coping with the problems.	Caregiving
B384	When Your Father Dies	Veerman, Dave and Barton, Bruce	2003/ Subtitled: How a Man Deals with the Loss of his Father	Grief/ Bereavement
BC74	When Your Parent Has ALS: A Booklet for Teens	ALS Society of Canada	2007/ Produced with the help of a group of young people who know what it is like to have a parent with ALS: their experiences, worries, and fears, and how they coped while their parent was ill. Also in French: Lorsque papa ou maman à la SLA: Guide à l'intention des jeunes	Youth
BC117	Where Are You? A Child's Book about Loss	Olivieri, Laura	2007/ For younger readers 3-5. Designed to help young children cope with the loss of a loved one.	Children
B305	Where is God?	Townsend, John	2009/ Insights into the pursuit for God's help and presence - designed to give readers hope and meaning.	Spiritual/ Religious
B306	Where is God?: A Personal Story of Finding God in Grief and Suffering by	Feinberg, John S.	2004/ The author's struggle to find peace and God in the midst of his wife's incurable disease.	Spiritual/ Religious
BC128	Where is Grandpa?	Barron, T.A.	2000/ When Grandpa dies, everyone has fond memories of him. His youngest grandson knows that Grandpa is still close by, a part of all the people and places he loved	Children
BC41	Where is My Courage?	Dernederlanden, Christine	2008/ Subtitled: Helping Children Cope With Life's Challenges	Children
BC104	Where is Robert?	Dernederlanden,	2000 (7 books plus 3 kits)/ A	Children

		Christine	children's bereavement activity book: supported the children of the September 11, 2001 attack.	
BC105	Where The Balloons Go	Coleman, Paul	1996/ Helps young children deal with the death of a grandparent.	Children
BC160	Where's Mom's Hair?	Watters, Debbie	2005/ Subtitled: A Family's Journey through Cancer	Children
B308	Who Dies?	Levine, Stephen	1989/Subtitled: An Investigation of Conscious Living and Conscious Dying. How to open to the immensity of living with death, to participate in life as the preparation for whatever may come next.	Death and Dying
B309	Why Are the Casseroles Always Tuna?: A Loving Look at the Lighter Side of Grief	Sims, Darcie D.	1992 (2 copies – SC/W)/ To make you laugh, cry, and learn a lot about yourself and others in times of grief.	Grief and Bereavement - Humour
BC137	Why Did Grandpa Die?: A Book About Death	Hazen, Barbara Shook	1985/ Ages 5-7. Shows children the comfort of sharing feelings and how memory can help to wash away the sadness of death.	Children
BC106	Why Did You Die?	Leeuwenburgh, Erika and Goldring, Ellen	2008 (3 copies)/ Subtitled: Activities to Help Children Cope with Grief and Loss. A workbook offering tools to help a grieving child deal with feelings, thoughts, myths, and questions.	Children
B311	Why People Die by Suicide	Joiner, Thomas	2005/ Offers insight and guidance to those whose life has been affected by suicide.	Grief and Bereavement
B313	Why We Live After Death	Steinpach, Richard	1996/ Opens the door to a fuller understanding of the totality of our existence, makes it possible for readers to answer the eternal question, "What is the meaning of life?"	Spiritual/ Religious
B312	Why? Trusting God When You Don't Understand	Lotz, Anne Graham	2004/ The author is the daughter of Billy Graham: helps the reader understand and deal with suffering.	Spiritual/ Religious
B307	Widow to Widow: Thoughtful, Practical Ideas for Rebuilding Your Life	Ginsburg, Genevieve Davis	2004 (2 copies – SC/W)/ The author offers fellow widows advice for coping with the loss of a husband.	Grief and Bereavement
B327	Widowed: Beginning Again Personally and Financially	Trusty, Sharon and Corkern, Barry M. with Crisp, Sally	1999 (2 copies – SC/W)/ A collaboration between a widow and her financial planner.	Grief and Bereavement - Financial
B314	Widows Wear Stilettos: A Practical and Emotional Guide	Fleet, Carole Brody with Harriet, Syd	2009/ Deals with the problems and questions facing the young widow.	Grief and Bereavement

	for the Young Widows			
BC379	Wild: From Lost to Found on the Pacific Coast Trail	Strayed, Cheryl	2012/ The author's 1,100-mile hike on the Pacific Crest Trail in a journey of self-discovery piecing back together a life that had come undone.	Memoir/ Biography
BC107	Will I Still Have to Make My Bed in the Morning?	Rudner, Barry	1992/ In this modern day fairy tale, a boy learns the importance of undying friendship, through the illness of his friend.	Children
B381	Winter Grief, Summer Grace	Miller, James E.	1995/Subtitled: Returning to Life After a Loved One Dies. Poetry, reflection, and photographs of nature scenes that communicate peace and quiet assurance.	Spiritual/ Religious
B315	Working Through Your Grief	Sunderland, Ronald H.	1989 (4 copies - 2SC/2W)/ Subtitled: Picking Up the Pieces. Helpful suggestions for people who are grieving, whatever particular path they take.	Grief and Bereavement
BC108	You Are Not Alone	Hughes, Lynne B.	2005/Grade 7+. Subtitled: Teens Talk About Life After the Loss of a Parent	Youth
B317	You Don't Have to Suffer: A Handbook for Moving Beyond Life's Crises	Tatelbaum, Judy	1989/ Offers tools for overcoming experiences like losses, illness, hardship, and disappointment as stepping stones to our own growth.	Pastoral/ Counselling
B318	You Gotta Keep Dancin'	Hansel, Tim	1985/ While pain is unavoidable, misery is optional: no matter what your circumstances, you can choose to be joyful.	Pastoral/ Counselling
BC118	You Hold Me and I'll Hold You	Carson, Jo	1992/ Ages 4-7. A small girl's thoughts on the death of her father's aunt – death is enormous and that is when comfort is most precious.	Children
B319	Young People with Cancer: Handbook for Parents	Canadian Cancer Society	2005/ Where teens, young adults and their families can go for help.	Clinical
B347	Your Medical Mind: How to Decide What is Right for You	Groopman, Jerome and Hartzband, Pamela	2011/ Narratives of real patients with insights from recent research to demonstrate the power of the medical mind: a guide as to how to arrive at choices that serve you best.	Clinical